



Medication Safety Trivia for Tabling Events

Print this guide, ask attendees relevant questions, and offer small prizes for participation.

Question 1

True or False? The more medication a person takes, the higher their chance of having an adverse drug event.

True. Each additional medication increases the chance of side effects or an adverse drug event. It's a good idea to review your medication list regularly with your doctor or pharmacist to make sure every medication is still needed.

Question 2

Where is the best place to safely store medication?

In a locked and secure place – such as a lockbox, medication safe, or a locked drawer or cabinet.

Question 3

What is the best way to dispose of unused or expired medications?

Use a drug drop box or attend a drug take-back event in your community. (This is a great opportunity to review the three disposal options from the Adult or Older Adult Toolkit handouts).

Question 4

Why is it important to follow the instructions on your prescription medication bottle?

Following instructions helps ensure the medication works the way it should while lowering the chance of adverse drug events.

Question 5

Why is it NOT a good idea to take medication prescribed for someone else?

Because a medication prescribed to another person may interact with your medications; may not be safe with your health conditions; or, may not be right for your unique size, weight, and genetics.

Question 6

True or False? It is safe to drink alcohol while taking medication.

Alcohol can interact with many medications, making it a risky combination, especially in older adults. If you drink alcohol, talk with your doctor or pharmacist about how it might affect your medications.



Medication Safety Trivia for Tabling Events, continued

Question 7

What behaviors may define “prescription drug misuse”?

Misuse includes any of the following:

- Taking more medication than prescribed
- Taking it for a different reason than prescribed
- Sharing or taking someone else’s prescription medication



Question 8

True or False? Adults or older adults can become dependent on prescription medications, or possibly develop a substance use disorder involving prescription medication.

Adults and older adults can become dependent on some prescription medications, and some may develop a substance use disorder. For example, rates of medication misuse in older adults has been increasing. It is important to talk with a doctor or pharmacist if you have concerns about any medication.

Question 9

Does it matter what time of day you take your medication?

Yes. Different medications work best at different times of day. Your pharmacist can help you understand the ideal timing for each medication you take.

Question 10

Who is the most important member of your healthcare team?

You! Being informed about your medications, following safe medication practices (such as storing and disposing of medications safely), and understanding risks of misuse all help keep you healthy. You play a key role in your own medication safety.