



Facilitator Guide: Medication Safety Poster



AT A GLANCE

Participants review all four medication safety rules by creating a poster that supports sharing their medication safety knowledge with family and friends. Posters can be taken home or displayed in high traffic areas.

Medication Safety Rules Emphasized:

1. Ask trusted adults for help with medicine.
2. Only take medicine that is meant for you.
3. Keep medicine in safe places.
4. **Share what you learn today with family and friends.**

ADAPT IT

This activity involves printing several sheets of paper. If supplies are unavailable or limited, participants can share the images, work together on the poster, draw their own images for each of the rules, or use existing materials to create their poster (e.g., magazine clippings, construction paper scraps, etc.).

WHAT YOU DO

1. **Introduce the activity** by sharing its purpose and explaining how it connects with your larger program. Encourage facilitators to introduce themselves.
2. **Complete the activity** by reviewing the activity directions within the participant worksheet and helping participants create their poster.
3. **Wrap up the activity** by encouraging participants to share their posters with the larger group, display them in a high traffic area, or take them home to share with family and friends.

Suggested Ages

Children in Grades K-2

Suggested Group Size

25 or fewer children

Time Required

10–15 minutes

What you need

- This facilitator guide (print 1 copy/facilitator)
- The participant worksheet “Medication Safety Poster” (print 1 copy/participant)
- Crayons/Markers
- Scissors
- Glue or Tape



Facilitator Guide: Medication Safety Poster, continued

WHAT YOU SAY

1 Introduction

Let’s review our four medication safety rules by creating a poster. A poster is made to share an important message or idea using pictures and words. It helps people learn something quickly and remember it easily. Our poster will help people learn and remember our four medication safety rules.

At this time, distribute the participant worksheets and any supplies. If participants are working as a group, form small groups and explain how to share the materials. Review the four medication safety rules with participants.

2 Activity

Explain the instructions on the participant worksheet as well as how to use the suggested images to create their poster. *As participants complete their poster, walk around the room to further engage children, answer their questions, or ensure they understand the activity directions.*

3 Wrap-Up

After participants complete their poster, consider wrapping-up the activity by encouraging participants to share their poster with one another as well as summarizing the four medication safety rules.

Rule #1: Who should we talk with when making choices about medicine?

Trusted adults. Reinforce the traits that distinguish a trusted adult from a regular adult or friend.

Rule #2: Is it a safe choice to share medicine with others or take someone else’s medicine?

No. Everyone is different – how medicine affects you may be different than how it affects your friends or family members. Only take medicine that is meant for you.

Rule #3: How can we work with trusted adults to keep medicine safe in our home?

We can talk with a trusted adult about keeping medicine in its original container, storing medicine in lockable spaces or on high shelves/cabinets, and getting rid of medicine when no longer needed.

Rule #4: How would you like to use your poster to help others?

Review how participants can use their poster to help others, including taking their poster home to share with family or hanging it in a high traffic area.