



Questions to Ask Your Pharmacist

Step 1 Use this checklist to help you understand important information about your medications. Knowing the answers to these questions can help you stay safe and get the best results from your medication.

Step 2 If you do not know the answers to one or more of these questions for each medication you take regularly, let's make a plan to help you learn more.

Use the table below to write down what you already know about your medications. If you are unsure about something, leave that space blank.

Checklist:

- What is this medication supposed to do?
- When should I take the medication? this be with or without food?
- Is it safe to crush or split the medication?
- What should I do if I miss a dose of this medication?
- Will this medication interact with any of the other medications I am taking?
- What are the common side effects that can happen with this medication?
- Are there other options that are less expensive?



Medication	Purpose	Best time to take it?	Can it be crushed or split?	Interact with other medications?	Common Side Effects	What do I do if I miss a dose?



Questions to Ask Your Pharmacist (Continued)

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Step 3 Review options to find answers to your questions:

- 1 Use a trusted website.** Look up drug information on reputable websites such as MedlinePlus.gov.
- 2 Talk with a pharmacist.** If your clinic has a pharmacist on staff, make an appointment to review your medications and get your questions answered. If you start a new medication, ask the pharmacist at your local pharmacy to talk with you. They can answer these questions about your medication.
- 3 Use your Medicare benefits.** If you have prescription coverage through Medicare, and qualify for Medication Therapy Management, schedule a Comprehensive Medication Review. This service allows you to sit down with a healthcare provider to answer your medication questions.