



Facilitator Guide: Safe Choices Game



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AT A GLANCE

Participants play a game that emphasizes only taking medicine from trusted adults and explains why people should only take medicine meant for them. This game can serve as a stand-alone activity or be paired with other elementary toolkit resources to reinforce the key messages.

Medication Safety Rules Emphasized:

1. **Ask trusted adults for help with medicine.**
2. **Only take medicine that is meant for you.**
3. Keep medicine in safe places.
4. Share what you learn today with family and friends.

ADAPT IT

If printing is limited, consider having students color their own orange and blue cards or having students move to the left or right side of the classroom depending on their choice bubble. If technology is limited, consider playing this game using visual aids. Email Generation Rx for the adapted version of the game.

WHAT YOU DO

1. **Introduce the facilitators.** We encourage you to share your name and one fun fact about yourself.
2. **Complete the activity** by playing the game using the PPT slide deck. The PPT slide deck includes suggested talking points or facilitator notes for some slides.
3. **Wrap up the activity** by engaging participants in a brief discussion using the listed questions as a guide

Suggested Ages
Children in Grades K-2

Suggested Group Size
25 or fewer children

Time Required
10 – 15 minutes

What you need

- This facilitator guide (print 1 copy/facilitator)
- Safe Choices PPT slide deck
- Orange cards (print and cut, 1 square/participant)
- Blue cards (print and cut, 1 square/participant)



Facilitator Guide: **Safe Choices Game, continued**

WHAT YOU SAY

1 Introduction

Today we are going to discuss medication safety by playing a game. Our game will help us practice making safe and healthy choices that involve medicine. We will work together as one team to play this game.

At this time, consider gathering all the participants and encourage them to sit together on the floor as a large group. Distribute one orange card and one blue card to each participant.

2 Activity

This game is formatted as a PPT presentation. The instructions and talking points for this game are provided within the PPT slide deck. At this time, consult this slide deck to complete the activity. When the game concludes, summarize the medication safety rules using the last slide of the game and work through the “Wrap-Up” section below.

3 Wrap-Up

When you “wrap-up”, ask the questions below and give participants an opportunity to answer them. Reinforce their responses with the guided answers listed.

Q1: Who should we talk with when making choices about medicine?

Trusted adults. Reinforce Medication Safety Rule #1: ask trusted adults for help with medicine. Encourage children to identify 1-2 trusted adults in their lives.

Q2: Who is it safe to take medicine from?

Trusted adults. Trusted adults make us feel safe and comfortable. They also help us follow the medicine’s instructions or rules. This makes it more likely the medicine will help, and not hurt, our bodies.

Q3: Is it a safe choice to share medicine with others or take someone else’s medicine?

No. Reinforce Medication Safety Rule #2: only take medicine that is meant for you.

Q4: Why is it important to only take medicine meant for you?

Everyone is different – how medicine affects you may be different than how it affects your friends or family. Sharing medicine with others is not a safe choice.

Q5: Think about something new you learned today. Who is one person you can share this information with?

Reinforce Medication Safety Rule #4: share what you learn with family and friends.

Orange Squares for Participants



Blue Squares for Participants

