



Facilitator Guide: Safe Choices Game



AT A GLANCE

Participants play a game that emphasizes only taking medicine from trusted adults and explains why people should only take medicine meant for them. This game can serve as a stand-alone activity or be paired with other elementary toolkit resources to reinforce the key messages.

Medication Safety Rules Emphasized:

1. **Ask trusted adults for help with medicine.**
2. **Only take medicine that is meant for you.**
3. Keep medicine in safe places.
4. Share what you learn today with family and friends.

ADAPT IT

If technology is limited, consider creating a game board on a whiteboard or chalkboard to keep track of points. Ask participants to write their answers on a piece of paper.

You can also adapt the point system for the opener to give a point to any team that has the correct answer (versus the first team to get the correct answer).

WHAT YOU DO

1. **Introduce the facilitators.** We encourage you to share your name and one fun fact about yourself.
2. **Complete the activity** by playing the game using the PPT slide deck. The PPT slide deck includes suggested talking points for each question and answer. We encourage you to adapt the talking points as you see fit. Participants can stay engaged by writing answers to each question and tracking their points in their “Safe Choices” answer sheet.
3. **Wrap up the activity** by engaging children in a brief discussion using the listed questions as a guide.

Suggested Ages
Children in Grades 3-5

Suggested Group Size
25 or fewer children

Time Required
20 – 25 minutes

What you need

- This facilitator guide (print 1 copy/facilitator)
- Safe Choices Answer Sheet (print 1 copy/team or participant)
- Safe Choices PPT slide deck



Facilitator Guide: **Safe Choices Game, continued**

WHAT YOU SAY

1 Introduction

Today we are going to discuss medication safety by playing a game. Our game will help us practice making safe and healthy choices that involve medicine. You will be divided into teams – each team can select a “team name”. Let’s review the game rules and how to play.

At this time, divide participants into small teams of 4 – 6 participants/team. Distribute one “Safe Choices Answer Sheet” to each team (or participant), along with a pencil. Encourage teams to select a team name.

2 Activity

This game is formatted as a PPT presentation. The instructions and talking points for this game are provided within the PPT slide deck. At this time, consult this slide deck to complete the activity.

3 Wrap-Up

When the game concludes, summarize the medication safety rules using the last slide of the game or by working through the “Wrap-Up” section below.

Q1. Who should we talk with when making choices about medicine?

Trusted adults. Reinforce Medication Safety Rule #1: ask trusted adults for help with medicine.

Q2: Who is it safe to take medicine from?

Trusted adults. Reinforce Medication Safety Rule #1: ask trusted adults for help with medicine.

Q3: Is it a safe choice to share medicine with others or take someone else’s medicine?

No. Reinforce Medication Safety Rule #2: only take medicine that is meant for you.

Q4: Think about something new you learned today. Who is one person you can share this information with?

Reinforce Medication Safety Rule #4: share what you learn with family and friends.